

Essential Testing

Welcome to Circle of Life Eyecare! Before we start your exam today, please take a moment to read over the information below. While these tests are optional, Dr. Ruan highly recommends they all be part of your routine eye exam so you can receive the most comprehensive care we can offer.

Humphrey Visual Field \$35

What is it?

A test that can detect dysfunction in peripheral and central vision which may be caused by various medical conditions.

What does it test for?

The Visual Field test highlights any blind spots in your vision that could indicate specific eye diseases such as optic nerve disorders, glaucoma, stroke, brain tumors or other neurological deficits.

Why should I be tested?

This test is key for patients who have concerns of **GLAUCOMA**, seeing spots or floaters, **sudden vision decrease/loss** or who have unexplainable **headaches or migraines**.

Macular Pigment Optical Density (MPOD) \$25

What is it?

A new technology that allows us to measure your macular pigment levels, the key risk factor of macular degeneration and cause of poor visual performance.

What does it test for?

It measures the protective pigment layer around your macula – the part of the eye responsible for our central vision and fine focusing. If your pigment level is low then you tend to have poor vision and have a higher risk of developing macular degeneration.

Why should I be tested?

Macular Degeneration is the leading cause of blindness in adults in the U.S. Dr. Ruan encourages **all of her patients to opt for this test** – especially those who have a family history of the disease, have a problem with light sensitivity, have light colored eyes or a poor diet and for those seeking to maximize their sports vision, night vision and computer vision.

Digital Retina Photography \$35

What is it?

A non-invasive procedure taking a digital retinal photograph of the inside your eye. This can reveal a lot about your eye sight, your overall well-being, and detect underlying eye health problems.

What does it test for?

It is an essential evaluation tool for Dr. Ruan. The images will allow her to evaluate if there has been any damage to the inside of your eye. And it aids in the detection and management of potential sight threatening diseases such as glaucoma, diabetes, hypertension and macular degeneration.

Why should I be tested?

The photograph records the current state of your retina, optic nerve and blood vessels. In comparison with annual images, it can allow for the early detection of diseases. In combination with our visual field test and macular pigment screening – the photos and test results allow Dr. Ruan and us to give you the most thorough eye exam available.

- Yes, I would like to receive the most comprehensive eye exam available today and get all three tests done today for the package *discount price of \$85*
- Yes I am concerned with my vision, however, I would only like to do the Visual Field/ MPOD/ Digital Photo tests today for the listed price above (for one test), or a discounted price of **\$60 for two tests**.
(Please circle which tests you would like to have done today).
- No thank you, I would not like to have the tests done at this time.

Patient Signature

Date

By signing this form I am stating I understand that insurance will not cover these tests and any costs incurred thereof are my complete responsibility.